

South Central Indiana School Trust

2019 Wellness Incentive: Annual Physical Exam

Guidelines

1. Employees and spouses enrolled in the SCIST group health plan are eligible for the 2019 Wellness Incentive.
2. For employees and spouses that complete an Annual Physical Exam for 2019, he/she will receive a \$100 incentive payment from the school corporation based on the schedule below:
3. Employee must be actively employed at the time of distribution for employee and spouse to be eligible for incentive.

Annual Physicals Date of Service	Submitted to Benefits Dept. By	Paid By
11/1/18 – 4/30/19	5/10/19	5/31/19
5/01/19 – 10/31/19	11/10/19	11/30/19

4. As required by law, taxes will be withheld from the incentive payment.
5. Employees and spouses can earn the 2019 Wellness Incentive between November 1, 2018 – October 31, 2019.
6. For employees and spouses completing their Annual Physical Exam, they must have this form signed by a medical doctor. Employees must submit completed forms to their Human Resources Department at:

Insert Benefits Department Email and Fax Info

Employee/Spouse Information

Employee/Spouse Name	Date
<input type="text"/>	<input type="text"/>
Job Title	School Corporation
<input type="text"/>	<input type="text"/>
Email Address	Phone Number
<input type="text"/>	<input type="text"/>

Annual Physical Exam Information

Physician Name	Telephone Number
<input type="text"/>	<input type="text"/>
Physician Group (if applicable)	Date of Exam
<input type="text"/>	<input type="text"/>

Signature of Primary Care Physician

Date

Benefits Department Use Only:

Received by and date:

<input type="text"/>
